

ANEXO 2 - SYLLABUS DE PASOS SISTEMA DE MEDALLAS

VALS INGLÉS	TANGO	VALS VIENÉS	FOXTROT	QUICKSTEP
		BRONCE		
 Back Whisk Chasse from P.P. Hesitation Change L.F. Close Change Natural Spin Turn Natural Turn Outside Change Progressive Chasse to R. Reverse Turn Reverse Corte R.F. Closed Change Weave Whisk 	 Back Corte Basic Reverse Turn Closed Promenade Natural Promenade Turn Natural Rock Turn Natural Rock Turn Natural Twist Turn Open Promende Open Reverse Lady Outside Open Finish Open Reverse Turn Lady-in-line Finish Progressive Link Progressive Side Step Progressive Side Step Reverse Turn Rock on L.F. Rock on R.F. 	BRONCE	 Change of Direction Feather Step Impetus Turn Natural Turn Open Telemark Feather Ending Reverse Turn Reverse Weave Three Step Weave 	 Backward Lock Step Change of Direction Chasse Reverse Turn Forward Lock Step Impetus Turn Natural Pivot Turn Natural Spin Turn Natural Turn at a Corner Natural Turn with Hesitation Progressive Chasse Progressive Chasse to R. Quarter Turns to Left Quarter Turns to R. Quick Open Reverse Tipple Chasse to R. Zig-zag Back Lock Running Finish



		PLATA		
Backward Lock Step	Brush Tap		Hover Feather	Cross Swivel
• Cross Hesitation after P.P.	Fallaway Promenade		Hover Telemark	Double Reverse Spin
Drag Hesitation	Four Step		Natural Telemark	● Fish-Tail
Double Reverse Spin	Four Step Change		Natural Twist Turn	Four Quick Run
Forward Lock Step	Outside Swivel		Natural Weave	Natural Turn Back Lock Running
 Open Impetus Turn Open Telemark into Cross Hesitation Open Telemark and Wing Outside Spin Telemark Turning Lock Underturned Outside Spin Weave from P.P. Wing following Open Impetus Turn 	Promenade Link		 Open Telemark Natural Turn Outside Swivel Feather Ending Top Spin at a Corner Weave from P.P. 	 Finish Open Impetus Turn Running Right Turn V-6



		ORO		
Closed Wing	Back Open Promenade		Back Feather	Hover Corte
Contra Check	Chase		Curved Feather	Rumba Cross
Fallaway Whisk	Drop or Tilt Sway		Fallaway Reverse and Slip Pivot	Six Quick Run
Left Whisk	Fallaway Four Step		Hover Cross	 Tipsy
	Oversway		Natural Hover Telemark	
			• Natural Zig-zag from P.P.	



SAMBA	СНАСНА	RUMBA	PASO DOBLE	JIVE
		BRONCE		
 Basic Movement (Natuaral, Reverse & Progressive) Samba Whisks to R. and L. Promenade Samba Walks Side Samba Walk Stationary Samba Walks Close Rocks on RF & LF Reverse Turn Corta Jaca Travelling Bota Fogos Natural Roll 	 Time Step Close Basic Open Basic Fan Hockey Stick Check from Open P.P. & C.P.P. (New York) Spot Turn to L and R Shoulder to Shoulder Hand to Hand Natural Top Alemana 	 Basic Movement Fan Hockey Stick Spot Turn to L. & R. Check from Open C.P.P. & P.P.(New York) Hand to Hand Natural Top Close Hip Twist Reverse Top Alemana Open Hip Twist 	 Basic Movement Sur Place Chasses to Right & Left Huit Attack Separation Sixteen Twist Turn Promenade Promenade to Counter Promenade 	 Basic in Place Basic Fallaway Change of Place R to L Change of Place L to R Link Change of Hands Behind Back Whip Promenade Walks American Spin



		PLATA		
Open Rocks to R and L	Close Hip Twist	• Opening Out to R. and L.	Grand Circle	Double Cross Whip
Promenade Bota Fogos	Open Hip Twist	 Spiral 	Promenade Close	Curly Whip
Backward Rocks on RF & LF	Cross Basic	● Curl	 La Passe 	Throwaway Whip
Plait			Banderillas	Reverse Whip
Shadow Bota Fogos			Synchopated Separation	Fallaway Throwaway
			 Fallaway Whisk 	Ball Change
			Fallaway Reverse	
			Spanish Line	



		ORO		
 Volta Spot turn to R & L for Lady Travelling Voltas to R and L 	Close Hip Twist SpiralOpen Hip Twist Spiral	FallawayCuban Rocks	TwistsChasse Cape	Stop and GoWindmill
Continuous Volta Spot Turns to R & L Circular Voltas to R and L Casta Bate Space	Cuban Breaks in Open Position Split Cuban Breaks in Open C.P.P. Split Cuban Break from Open	 Rope Spinning Sliding Doors Three Alemanas 	Travelling Spins from P.P. Travelling Spins from C.P.P. Flamenco Taps	Chicken Walks Rolling off the Arm Spanish Arms
Contra Bota Fogos Samba Locks Promenade to Counter	 Split Cuban Break from Open CPP and Open PP Turkish Towel 	 Continuous Hip Twist Continuous Circular Hip Twist 		
Promenade Runs Cruzados Locks in Shadow Position				